

Seneca Area School District's September Menus



Friday, Sept. 1

Breakfast:

Cinnamon Rolls
Applesauce

Lunch:

Hamburger on a Bun
Baked Beans
Chips
Fresh Fruit

**Salad Bar Offered
Everyday! 6-12**

***HIGH SCHOOL ONLY**

Breakfast Prices

Elementary MS/HS
\$1.00

Adult Breakfast \$2.10

Lunch Prices

Elementary \$2.65

MS/HS \$3.05

Extra Milk \$0.30

Adult Lunch \$4.10

Monday, Sept. 4



Tuesday, Sept. 5

Breakfast:

Banana Bread
Banana

Lunch:

Chicken Nuggets
Mashed Potatoes
Pears
Rice Crispy Bar

Wednesday, Sept. 6

Breakfast:

Waffles
Blueberries

Lunch:

Sloppy Jo
Tater Tots
Baked Beans
Peaches

Thursday, Sept 7

Breakfast:

Toast
Mandarin Oranges

Lunch:

Chicken Alfredo
Breadstick
Green Beans
Pineapple

Friday, Sept. 8

Breakfast:

Breakfast Pizza
Strawberries

Lunch:

Subs
Garden Bar
Grapes
Chips

**Fresh Fruit and Cereal and
Peanut Butter & Jelly**

and/or

**Muffin Offered Everyday
At Breakfast Time**

FRUITS AND VEGETABLES



MyPlate Kids' Place



Monday, Sept 11
<u>Breakfast:</u>
French Toast Sticks
Peaches
<u>Lunch:</u>
Spaghetti
Garlic Bread
Corn
Fruit Cocktail

Tuesday, Sept. 12
<u>Breakfast:</u>
SmoothiesW/Crackers
Banana
<u>Lunch:</u>
Chicken Patty on a Bun
Baked red Potatoes
Blueberries

Wednesday, Sept. 13
<u>Breakfast:</u>
Apple Filled Breadstick
Applesauce
<u>Lunch:</u>
Ham
Baked Potato
Mandarin Oranges
Dinner Roll *Cookie

Thursday, Sept. 14
<u>Breakfast:</u>
Breakfast Sand.
Pears
<u>Lunch:</u>
Chicken Wrap
Veggie Salad
Applesauce
Cookie

Friday, Sept. 15
<u>Breakfast:</u>
Donut Ring
Pineapple
<u>Lunch:</u>
Chicken Sub
Baked Beans
Fresh Fruit
Chips

***HIGH SCHOOL ONLY**

Monday, Sept. 18
<u>Breakfast:</u>
Sausage Wrap
Peaches
<u>Lunch:</u>
Mozzarella Dippers
Coleslaw
Fresh Fruit
Juice

Tuesday, Sept. 19
<u>Breakfast:</u>
Biscuit & Gravy
Cran-Raisins
<u>Lunch:</u>
Pork Sandwich
Potato Wedges
Baked Beans
Pineapple

Wednesday, Sept 20
<u>Breakfast:</u>
Breakfast Pizza
Pineapple
<u>Lunch:</u>
Lasagna
Green Beans
Garlic Toast
Cookie

Thursday, Sept. 21
<u>Breakfast:</u>
Pancakes
Strawberries
<u>Lunch:</u>
Hot Ham N Cheese
Baked Red Potatoes
Strawberries

Friday, Sept 22
<u>Breakfast:</u>
English Muffin
W/Omlette N Fruit
<u>Lunch:</u>
Chicken Bacon Ranch
Flatbread
Veggie Salad
Tropical Fruit



Monday, Sept 25
<u>Breakfast:</u>
Breakfast Brurrito
Strawberries
<u>Lunch:</u>
Mini Corn Dogs
Mac N Cheese
Baked Beans
Pears

Tuesday, Sept 26
<u>Breakfast:</u>
Donut
Blueberries
<u>Lunch:</u>
Meat Loaf
Mashed Potatoes
Corn n Fruit Cocktail
Dinner Roll

Wednesday, Sept 27
<u>Breakfast:</u>
Toast
Mandarin Oranges
<u>Lunch:</u>
Chicken Patty
Savory Rice
Green Beans n Apples
Oatmeal Cookie

Thursday, Sept 28
<u>Breakfast:</u>
Breakfast Strudel
Pears
<u>Lunch:</u>
Cheesy Chicken
Casserole W/Broccoli
Dinner Roll
Fresh Fruit

Friday, Sept 29
<u>Breakfast:</u>
Breakfast Pizza
Peaches
<u>Lunch:</u>
Pizza
Veggie Salad
Yogurt
Fruit

Fresh Fruit and
Fresh Veggies
Offered Everyday
at Lunch